



As Seen in Next Magazine July 2010

"Hard as Nails - Shellac"

Hard as nails

How can I keep my hands and nails groomed without spending hours on them?

Ever treated yourself to a manicure, only to knock a nail before leaving the spa? Perfectly lacquered nails are the 'it accessory' for winter – and we have found a polish like no other. CND Shellac is a hybrid nail colour that paints on just like polish. It has a base coat, two colour coats and then a top coat, each cured under a UV light. It sets rock hard and lasts (looking freshly painted) for two weeks.

CND co-founder and style director Jan Arnold explains, "This is a modern solution to those frustrating polish inconveniences. Hair spray, fragrance, anything with alcohol – not to mention knocks and bumps – can damage or dull your manicure. This nail colour not only

protects the natural nail, there's also no buffing or filing (like other nail coatings). In fact the better condition nails are in, the longer it will adhere."

And when you're ready for a repaint (mine lasted a little more than two weeks), your fingers are taped with an acetone wrap for 10 minutes and the Shellac slides and flakes off the nail like regular polish. Shellac can be additional to your regular manicure, or can be applied as a shape and paint. Allow 20 minutes. From \$35. For stockists nationwide call 0800 624 569. **IN**



Beauty

A little loving

How do I inject some life into dry hair?

We tend to cook our hair in winter with central heating, heated styling tools and the



WOMEN ARE TAKING CARE OF THEIR HAIR. IT'S TIME TO TAKE CARE OF YOURS.

moisture-rich ritual is massaged through for 10 minutes. For those over the age of 50, if your hair needs some bounce and shine, try the Kerastase Age Premium Ritual, also \$20. Overnight DIY hair treatments include Kerastase Cado Relax Nait, \$60; Tigi Wonderful Tangle Overnight Treatment, \$70; and new this month is Pantene Night Miracle Leave On Crème Serum, \$10. All of these serums can be massaged into hair and left overnight. The next day simply style as normal, there is no need to rinse.

On your natural nail, there's no buffing or filing (like other nail coatings). In fact the better condition nails are in, the longer it will adhere. And when you're ready for a repaint (mine lasted a little more than two weeks), your fingers are taped with an acetone wrap for 10 minutes and the Shellac slides and flakes off the nail like regular polish. Shellac can be additional to your regular manicure, or can be applied as a shape and paint. Allow 20 minutes. From \$35. For stockists nationwide call 0800 624 569. **IN**



...and then a top coat, each cured under a UV light. It sets rock hard and lasts (looking freshly painted) for two weeks. CND co-founder and style director Jan Arnold explains, "This is a modern solution to those frustrating polish inconveniences. Hair spray, fragrance, anything with alcohol – not to mention knocks and bumps – can damage or dull your manicure. This nail colour not only

protects the natural nail, there's also no buffing or filing (like other nail coatings). In fact the better condition nails are in, the longer it will adhere. And when you're ready for a repaint (mine lasted a little more than two weeks), your fingers are taped with an acetone wrap for 10 minutes and the Shellac slides and flakes off the nail like regular polish. Shellac can be additional to your regular manicure, or can be applied as a shape and paint. Allow 20 minutes. From \$35. For stockists nationwide call 0800 624 569. **IN**