

ENHANCEMENTS

Liquid & Powder Enhancements Rebalancing



1 HOUR Rebalancing is a method of maintaining the balance and beauty of the enhancement while the natural nail grows. Proper rebalancing of the nail enhancement protects the health of the natural nail and maintains the longevity of the service.

STEP 1:

Cleanse

1. **Cleanse** hands.

- a. Have the client wash their hands with soap and water and towel dry.
- b. Massage **CoolBlue™** into the client's hands to sanitize.



STEP 2:

Assess for a Rebalance

1. **Remove** enamel and assess each nail for potential problems.

a. There are **3 types** of rebalance:

- **Problem-free rebalance**

When using a single-color, if the nail comes back problem free, re-establish the original length and reduce the product to a thin layer and apply product to re-engineer the enhancement's structural integrity.

- **Forever French rebalance**

Forever French enhancements that come back problem free need to be thinned out, by 50% in all 3 zones. Then apply product to re-establish the smile line and re-engineer the original structural design.

- **Diagnostic rebalance**

This process includes thinning and beveling each Zone where problems exist, then replacing the product to prevent future breakdown. The goal here is to fix the problem and then reassess a long-term solution.

STEP 3:

Prepping for Rebalance

File prep each Zone for correction and prevention of future problems. **Avoid nipping** or mechanical force – sliding the nipper under a lifted edge and pulling up leads to service breakdown. It can also pull up layers of the nail plate, which will weaken the foundation of the enhancement. Nipping can also lead to onycholysis, and perpetuate excessive filing to remove the ridge left behind.

1. Zone 1 – File Prep

- Re-establish the original length of the extension edge with a **120-grit file** (or higher).

- Use a **120-grit file** (or higher) to thin out the entire Zone 1. If the natural nail is separating from the product, file around the area of lift, until the loosened material flakes away from the natural nail without causing damage. Blend the lifted area until a new seal is found between the product and nail.



- Keep the **file parallel** to the nail and work in rounded motions to evenly thin out the coating.

- Bevel** to expose a small margin of keratin all the way around the extension edge and around lateral walls to reseal during product reapplication. This will help prevent the natural nail from pulling away from the overlay.



Bevel Down From Center To Tip Until Lift Is Removed

2. Zone 2 – File Prep

- Thin out** the entire Zone and taper the lateral walls.



- Prep all cracks** for repair by thinning the area around the crack. Thin all the way to the root of the crack (which is usually down to the natural nail plate).

- Thin** any area of “pocket lift” until the separated product flakes away and a new seal is found.

- Thin and taper** lateral walls until flush to the natural nail.

- Blend** Zone 2 into Zone 1.

3. Zone 3 – File Prep

- Thin** the entire Zone and taper to Zone 2.



- Thin** areas of lift until the separated product flakes away from the nail and a new seal is found.

- Buff** the remaining product with the 240-grit side of a **Koala Buffer™** until the product is flush to the natural nail.



- Review** entire file prep to be sure remaining product is thin and even, and that there is no lifted material left.

STEP 4:

P.R.E.P.

1. P - Perform a manicure.

- Apply a small amount of **CuticleAway** evenly around the cuticle of each nail. Gently slide a **cuticle pusher**



- along the nail plate toward the cuticle area and along the lateral fold to lift and loosen any non-living tissue from the nail plate. Use a **curette** to remove non-living tissue up to the eponychium and lateral edge.



- Use a **manicure nipper** to carefully remove any loosened, non-living tissue, as well as any loose pieces of skin or hang nails. Use a gentle touch during cuticle removal to protect the seals.



- c. **Scrub** nails thoroughly with soap and a damp brush, then rinse with warm water to remove the cuticle remover and soap; towel dry.

- 2. **R - Remove** shine from the nail surface with the 240-grit side of the **Koala Buffer™** in the direction of nail growth.



- 3. **E - Eliminate** surface contaminants and **P - Purify** nail plate layers.

- a. Thoroughly cleanse and temporarily dehydrate the nail plate layers with **ScrubFresh™** using a lint-free, plastic-backed pad. Gently pull lateral folds back and scrub thoroughly to be sure all areas of the nail are completely clean.



STEP 5:

Prime Nails (optional)

This step is for clients with lift-prone nails.

- 1. **Apply** 1 thin coat of **NailPrime** to the natural nail plate of 2-3 nails at a time ensuring that the brush has enough liquid to thoroughly and evenly cover each nail. Repeat this step until all nails are thoroughly and evenly coated.

Remember: When applying **NailPrime**, do not touch the skin or allow the product to flood the cuticle area.

STEP 6:

Zone 1 - Smile Lines

- 1. **Re-establish smile line** with fresh product and reseal all edges.



STEP 7:

Zones 2 and 3 - Apex, Upper Arch and Cuticle Area

- 1. **Repair cracks** by applying a small bead into prepared area. Reinforce stress points.



- 2. **Establish a new apex and upper arch** in Zone 2.

- 3. **Reseal** lateral walls with fresh product.

- 4. Apply product to Zone 3 leaving a tiny free margin along the sidewall and cuticle line. Then blend remaining product into Zone 2.



STEP 8:

Shape and Define

- 1. Shape and define the nail using the 180-grit side of the **Hot Shot™ File**.



- 2. Smooth the surface using the 240-grit side of the **Koala Buffer™**.

- 3. Apply a drop of **SolarOil™** into each nail and buff with the 1200-grit side of a **Koala Buffer** for scratch refinement. Rub any remaining oil into the nail and surrounding soft tissue.

STEP 9:

Bring to High Shine

1. Finish nails to a high-gloss shine with the **Girlfriend™ Buffer**, **Glossing Buffer** or **Glossing Block**.



Or, as an alternative,

skip the SolarOil application above and after buffing with the **Koala Buffer**, apply **Brisa Gloss**. Cure for two full minutes in the CND UV Lamp. Then remove sticky layer with **ScrubFresh™**.



PRODUCTS REQUIRED

Retention+™, Radical SolarNail™
or Moxie™ Sculpting Liquids
Perfect Color or Retention+ Sculpting Powders
CoolBlue™
CuticleAway
ScrubFresh™
NailPrime
CND Files and Buffers
ProSeries Liquid & Powder Brush
Brisa Gloss*
SolarOil™

ACCESSORIES/EQUIPMENT REQUIRED

Terry hand towels
Plastic-backed, lint-free pads
Polish remover
Disinfectable dust brush*
Cuticle pusher
Cuticle nippers
Nail clippers
Curette
Dappen dish
CND UV Lamp*

*Optional